

075722 - Mrs. Friday's Honey Butter Biscuit Flounder, 2 oz.

A fish favorite meets a sweet, craveable coating for a menu all-star. Our flaky, mild-tasting, MSC-certified flounder complements the honey butter biscuit coating for a delicious new fan favorite. Our exclusive coating has a homemade appearance and many, many menu applications. Quick and versatile preparation means consistency and labor savings for you.



Brand: Mrs. Friday's

Nutrition Facts

35 servings per container

Serving size 3.3 Ounces (3.3oz)

Amount per serving

Calories 160

	% Daily Value
Total Fat 4.5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	•
Cholesterol 25mg	8%
Sodium 610mg	26%
Total Carbohydrate 21g	7%
Dietary Fiber 0g	2%
Total Sugars 0g	
Includes 2g Added Sugars	3%

Protein 8g

Vitamin D 2mcg 0%	•	Calcium 45mg 4%
Iron 2mg 6%	•	Potassium 110mg 2%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Flounder, Bleached Wheat Flour, Water, Cottonseed And/Or Soybean Oil, Brown Sugar, Salt, Modified Corn Starch, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Honey, Maltodextrin, Soybean Oil, Wheat Starch, Sucralose, Soy Lecithin, Tapioca Dextrin, Modified Butter Oil, Dehydrated Butter, Guar Gum, Starter Distillate, Extractives of Turmeric And Annatto. Contains: Fish (Flounder), Milk, Soy, Wheat.

Product Specifications

GTIN	00041338757228	Case Gross Weight	11 LB
UPC	041338757228	Case Net Weight	10 LB
Pack Size	4 / 2.5LB	Case L,W,H	15.82 IN, 9.82 IN, 6.07 IN
Shelf Life	365 Days	Cube	0.54 CF
Tie x High	12 x 6		

Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. Deep Fryer: Fry in clean oil at 350°F for 3 ½ minutes or until golden brown. Convection Oven: Preheat oven to 375°F. Place product on baking sheet and cook for approximately 12-14 minutes. For best results, apply non-stick coating to the baking pan and turn the fillets over half-way through baking.

Serving Suggestions

• Signature fish & chips • Appetizers • Salads • One-of-a-kind fish sandwich • Surf and Turf • Wraps • Tacos

Packaging and Storage

Keep Frozen

Allergens

CONTAINS:

Fish or Fish Derivatives, Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives

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Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Treenuts or Treenut Derivatives

Barcode

Case Barcode

CTC722 HONEY BUTTER BISCUIT FLOUNDER

INGREDIENTS: Flounder, Bleached Wheat Flour, Water, Cottonseed And/Or Soybean Oil, Brown Sugar, Salt, Modified Com Starch, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Honey, Maltodextrin, Soybean Oil, Wheat Starch, Sucralose, Soy Lecithin, Tapioca Dextrin, Modified Butter Oil, Dehydrated Butter, Guar Gum, Starter Distillate, Extractives of Turmeric and Annatto.

CONTAINS: Fish (Flounder), Wheat, Milk, Soy.

COOKING INSTRUCTIONS: Do Not Thaw. Cooking times may vary. For Safety, Must Be Cooked To An Internal Temperature Of 165°F As Measured By Use of a Thermometer. "Not Meant for Microwave"

PRODUCT OF USA KEEP FROZEN ORM262RRN045 NET WT. 10 LBS (4 - 2.5 LB BAGS)

DISTRIBUTED BY CORINTHIAN FOODS ST. SIMONS ISLAND, GA 31522



